

KEY DATES TO REMEMBER

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| 0 WEEKS | 1ST DAY OF LAST MENSTRUAL PERIOD |
| 2 WEEKS | CONCEPTION |
| 6-10 WEEKS | NURSE VISIT AND/OR NEW OBSTETRICAL VISIT MEET WITH OB COORDINATOR |
| 10-12 WEEKS | HEARTBEAT BY DOPPLER POSSIBLE |
| 9-12 WEEKS | CHORIONIC VILLI SAMPLING (CVS) - <u>optional</u> (offered to patients 35 years of age and older at delivery) |
| 11-14 WEEKS | 1ST TRIMESTER GENETIC SCREENING - <u>optional</u> (for chromosomal abnormalities) |
| 16-18 WEEKS | <u>REGISTER FOR CHILDBIRTH CLASS</u> - <u>optional</u> (offered in our office - usually taken at 32 weeks) |
| 15-18 WEEKS | AMNIOCENTESIS - CHROMOSOMAL TESTING - <u>optional</u> (offered to patients 35 years of age and older at delivery) |
| 20 WEEKS | SONOGRAM DONE (gender can usually be determined, if desired) |
| 20 WEEKS | TURN IN FMLA PAPERWORK AND DISCUSS CIRCUMCISION ARRANGEMENTS WITH OB COORDINATOR |
| 25 WEEKS | FINANCIAL OBLIGATIONS SHOULD BE COMPLETED |
| 24-28 WEEKS | BLOODWORK - gestational diabetes screen and blood count (Rh negative patients will also have antibody screen & Rhogam injection) |
| 28 WEEKS | COPY OF PRENATAL RECORDS SENT TO HOSPITAL |
| 30 WEEKS | <u>SCHEDULE PREADMISSION APPOINTMENT AT HOSPITAL</u> |
| 35-36 WEEKS | GROUP B STREP VAGINAL CULTURE WEEKLY CERVICAL EXAMS BEGIN |
| 40 WEEKS | ESTIMATED DUE DATE (labor and delivery can occur anytime from 37 to 41 weeks) |